

All About Me Activities for Monday

On the Move

Unique Print & Paint

Your finger and toe prints are unique, just like this moving work of art.

Materials:

- Long sheet of paper/wrapping paper
- Paint
- Paper plates

Instructions:

1. Tape the long sheet of paper or wrapping paper to a cleared area outdoors. If using wrapping paper, flip it over to the backside for a blank canvas.
2. Squirt various colors of paint onto the paper plates.
3. Encourage your child to step and/or place their hands into the paint and make prints on the paper.

Adventures Online

All About Me

Explore and discover all the parts of the body that make up you.

<https://www.youtube.com/watch?v=iQxOjZ5EPBM>

Sensory Time

Being Me

Beautiful faces everywhere and this one is mine.

Materials:

- Child safe mirror
- Paper
- Crayons

Instructions:

1. Have your child look at themselves in the mirror and describe what they see.
2. Have them draw what they see as they create their self-portrait.

Story Time

Eyes, Nose, Fingers & Toes

Oh, what fun toddlers have exploring the many ways to use their bodies!

Read Aloud: <https://www.youtube.com/watch?v=OQkUhijF41I&feature=youtu.be>

Arts and Creativity

All About Me Picture Book

Have fun creating a book all about you!

Materials:

- Paper

- Crayons/markers
- Tape/stapler
- Scissors

Instructions:

With your child, decide what fun fact will be on each page of the book. Some fun facts can include your child's age, your child's favorite color, your child's favorite toy and your child's favorite game. Write a fun fact on each page about your child & have your child draw & color about each fun fact. Create a title page & fold, tape or staple the pages together to create your All About Me book!